



Tuesday, Aug. 3, 2004

Vol. 4, No. 56

Super Safety and Health Day Coming Oct. 28

▲ **Spaceport Super Safety and Health Day 2004:** Preparations are under way for Spaceport Super Safety and Health Day 2004 being held Oct. 28. This annual KSC event was initiated in 1998 to increase awareness of the importance of safety and health among the KSC workforce. Mark your calendars and keep looking here for more information. Also, go to the SSS & HD Web site at <http://safetyandhealth.ksc.nasa.gov>.

▲ **NEEMO 6:** Four NASA crew members recently got an in-depth start in learning about techniques and technologies that could serve space travelers voyaging to the Moon and beyond. The sixth NASA Extreme Environment Mission Operations (NEEMO) crew, led by astronaut John Herrington, spent 10 days in July 60 feet beneath the surface of the Atlantic in NASA's Aquarius Underwater Laboratory at Key Largo. (Below, a boat delivers the crew to



the lab.) Their watery environment was in many ways as potentially hostile as space or other planets.

During this period, the crew studied its underwater surroundings, engaged in science on the human body, evaluated future equipment for the Space Station and prepared for living and working in space. The NEEMO 6 crew included astronauts Nicholas Patrick and Doug Wheelock and biomedical engineer Tara Ruttley. For more information about the NEEMO 6 mission, go to <http://spaceflight.nasa.gov/shuttle/support/training/neemo/neemo6.html>.

■ **Reminder** — The 3-week sign language course sponsored by the Disability Awareness and Action Working Group (DAAWG) begins this week. Offered to all KSC employees, classes are from 1 to 2 p.m. Aug. 2, 9 and 16 in HQ/2201; and Aug. 5, 12 and 19 in OSB/5308. Attendance is first come, first served. For more information, please e-mail Lisa.R.Arnold@nasa.gov.

■ **Last Month To Register for FEEDS Online** — The Florida Engineering Education Delivery System (FEEDS) program at the University of Florida offers an extensive menu of credit courses that may be used toward the completion of a graduate degree, certificate program, or for professional develop-

ment. Earn an engineering master's degree online at work or at home, while pursuing your career. All of the courses are available for online delivery via streaming video technology through the Internet (<http://oeep.eng.ufl.edu>). Registration is open now through Sept. 3; you are encouraged to preregister early in order to create course demand.

■ **Safety Update** — While insects are a fact of life living in Florida, employees can take steps to reduce their chance of being targeted by them. Steps include:

- Wear clean clothing and bathe daily. Avoid the use of perfumed soaps, shampoos, colognes or perfumes.
- Keep outdoor areas clean. Don't socialize around trash cans.
- Wear light-colored clothing.
- Avoid flowering plants.
- Use some form of insect repellent.

■ **Did You Know?** Toastmasters can help you learn how to overcome obstacles to achieving proficiency at speaking engagements. Constructive evaluations and affordable membership options make Toastmasters the perfect organization for rising stars. Four on-site clubs are available. Visit the Web site <http://KSCToastmasters.tripod.com> for meeting locations and times.